

Personal information

Name Ani Stefanova Todorova
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Date of birth 16.08.1987

Education

University Medical University of Sofia
Sofia, Bulgaria
September 2009 – November 2015
Faculty of Medicine

Postgraduate education Endocrinology resident at University Specialized Hospital for Active Treatment of Endocrinology “Acad. Ivan Penchev”, Sofia, Bulgaria
May 2016 to present

PhD at Medical University Sofia, Sofia, Bulgaria
Subject: Diabetic foot - prevention and specific diagnostic markers
March 2017 to July 2022

Languages English (fluent)
French (basic)

Technical skills Computer skills - MS Word, Excel, Power point

Main research area and subareas

Diabetes mellitus
Type 2 diabetes; Type 1 diabetes
Diabetic foot ulcers
Diabetic foot infections
Nutritional deficiencies in diabetes mellitus
Technologies for continuous glucose monitoring and treatment of diabetes

Publications

1. Todorova AS, Dimova RB, Chakarova NY, Serdarova MS, Grozeva GG, Georgiev GK, Tankova TI Comparative Evaluation of the Diagnostic Value of Procalcitonin and hsCRP for the Presence of Mild-to-Moderate Diabetic Foot Infections. The International Journal of Lower Extremity Wounds. 2021 Apr 28;15347346211011849. doi: 10.1177/15347346211011849. Epub ahead of print. PMID: 33909506. **IF 2.057**

2. Todorova AS, Jude EB, Dimova RB, Chakarova NY, Serdarova MS, Grozeva GG, Tsarkova PV, Tankova TI. Vitamin D Status in a Bulgarian Population With Type 2

Diabetes and Diabetic Foot Ulcers. The International Journal of Lower Extremity Wounds. 2020 Oct 23:1534734620965820. doi: 10.1177/1534734620965820. Epub ahead of print. PMID: 33094656. **IF 2.057**

3. Serdarova M, Dimova R, Chakarova N, Grozeva G, **Todorova A**, Tankova T. Relationship between cardiac autonomic neuropathy and cardio-metabolic risk profile in adults with type 1 diabetes, Diabetes Research and Clinical Practice. 2021 Apr;174:108721. doi: 10.1016/j.diabres.2021.108721. Epub 2021 Feb 25. PMID: 33640411. **IF 4.234**

4. Tsarkova, P., Chakarova, N., Dimova, R., Grozeva, G., **Todorova, A.**, Serdarova, M., Salkova, M., Tankova, T. CSII is related to more stable glycemia in adults with type 1 diabetes. *Endocrine* (2021). <https://doi.org/10.1007/s12020-021-02913-9> **IF 3.6**

5. Serdarova M, Dimova R, Chakarova N, Grozeva G, **Todorova A**, Tsarkova P, Marinova C, Popov D, Mateva L, Tankova T. Metabolic determinants of NAFLD in adults with type 1 diabetes. *Diabetes Res Clin Pract.* 2022 Apr;186:109819. doi: 10.1016/j.diabres.2022.109819. Epub 2022 Mar 3. PMID: 35248654 **IF 4.234**

6. **Todorova A**, Tankova T., Practical approaches for the treatment of diabetic foot ulcers, *Endocrinology science*, 2021/3

7. **Todorova A**, Dimova R, Chakarova N, Serdarova M, Tankova T., Main characteristics of patients with diabetes mellitus at different risk categories for the development of diabetic foot. *Endocrinology science*, 2021/1. 13-21

8. **Todorova A**, Tankova T. Vitamin D and diabetic foot. *Endocrinology science*, 2019/3. 85-88

9. **Todorova A**, Tankova T, Specific diagnostic markers for diabetic foot infections. *Endocrinology science*, 2018/2. 45-50

10. **Todorova. A**, Tankova T, Diagnosis and treatment of diabetic foot infections. *Endocrinology*, 2018/1. 3-13

11. Chakarova N, Dimova R, Mincheva R, Grozeva G, **Todorova A**, Serdarova M, Tankova T. Vitamin B12 status in a Bulgarian population with type 2 diabetes. *Endocrinology*, 2019/3, 147-153

Scientific presentations:

1. International Diabetes Federation Virtual Congres 2021, 6-11 December, 2021, Poster Session, “Main determinants for an increased risk for diabetic foot in an adult Bulgarian population with type 1 or type 2 diabetes”, **Ani S. Todorova**, Rumyana B. Dimova, Nevena Y. Chakarova, Mina S. Serdarova, Greta G. Grozeva, Polina V. Tsarkova, Tsvetalina I. Tankova

2. American Diabetes Association 80th scientific sessions – virtual, 12-16 June, 2020, Poster Session, “Vitamin D status in a Bulgarian population with type 2 diabetes and diabetic foot ulcers”, **Todorova AS**, Jude EB, Dimova RB, Chakarova NY, Serdarova MS, Grozeva GG, Tsarkova PV, Tankova TI.

3. 11th National Congress of Endocrinology, Poster Session, “Assessment of the role of some risk factors for presence of diabetic foot”, **Todorova A**, Chakarova N, Dimova R, Serdarova, M, Tankova T. Plovdiv, Bulgaria, 11-13 October, 2018

4. 17th International Congress of Medical Sciences – ICMS for students and young doctors, Oral presentation – “*Assessment the risk of diabetic foot among patients with diabetes*”, **Todorova Ani**, T. Tankova, M.Serdarova, N.Chakarova, R.Dimova, P.Tsarkova. Sofia, Bulgaria. 10-13 May, 2018.

5. 16th International Congress of Medical Sciences – ICMS for students and young doctors, Therapy Oral Session I „*Diabetic foot – a case report*”, **Todorova Ani**, T. Tankova, M.Serdarova, N.Chakarova, R.Dimova, P.Tsarkova. Sofia, Bulgaria, 11-14 May, 2017.

6. **A. Todorova**, I Ilieva, M Konstantinova, R Savova, M Arshinkova. Evaluation of absolute and relative insulin sensitivity in children with different varying degrees of obesity and family history. XII International Congress of Medical Sciences ICMS for students and young doctors, Sofia, Bulgaria, 09-12 May, 2013

Participation in research projects:

1. Research project “Young researcher 2018”, Medical University of Sofia, Contract №121/03.05.2018; Title: “*Evaluation of procalcitonin as a diagnostic and prognostic marker in diabetic foot infections*”, completed with excellent evaluation and awarded with Certificate of achievement for the best research work in the field of Medicine, Medico-clinical scientific area of the project funded by the Medical University of Sofia, Young researcher 2018 and Young researcher 2019

2. Support of scientific research in areas of excellence 2020, Medical University of Sofia, Contract №D-46/08.03.2021; Title: “*Evaluation of incretin response in different stages of disorders in glucose tolerance*”.

3. GRANT 2020, Medical University of Sofia, Contract №D-140/24.06.2020; Title: „*Complex evaluation of lipid profile in early stages of disorders in glucose tolerance*“.

4. Support of scientific research in areas of excellence 2019, Medical University of Sofia, Contract №CP-06-N 33/7, 2019; Title: “*Complex assessment of glucose, hormonal and cardio-metabolic profile in prediabetes*”.

5. Support of scientific research in areas of excellence 2018, Medical University of Sofia, Project proposal № 4894/09.07.2018, Contract № 220/12.12.2018; Title: “*Complex assessment of the characteristics of the glucose profile in prediabetes*”, completed project.

6. Support of scientific research in areas of excellence 2017, Medical University Sofia, Project proposal № 4889/26.07.2017, Contract №D-419/15.12.2017; Title: “*Assessment of vitamin D, vitamin B12 and homocysteine levels in Bulgarian population of patients with type 2 diabetes*”, completed project.

7. GRANT 2017, Medical University of Sofia, project proposal № 8524/12.12.2016, Contract № D-127/02.05.2017; Title: “*Vitamin D in the spectrum of prediabetes and*

autonomic dysfunction”, completed project.

8. Support of scientific research in areas of excellence 2016, Medical University Sofia, project proposal № 5100/01.08.2016, Contract № 9-C; Title: “*Complex assessment of glycaemic profile and cardiovascular risk in subjects with prediabetes*”, completed with excellent evaluation.

Participation in educational courses and seminars

1. Rising Stars Educational Program “Translating Current and Future Diabetes Technology and Therapies into Your Practice” online, September 25, October 2 and 3, 2021.

2s. Magyar Imre EASD Clinical Postgraduate Course, Budapest, Hungary, November 14-16, 2019.

3. 5th EASD Clinical Postgraduate Course on Clinical Diabetes and its Complications, Sofia, Bulgaria, April 4-5, 2019.

4. 5th EASD Clinical Postgraduate Course on Diabetes and its Complications, Prague, Czech Republic, October 27-29, 2017.

5. 14th Meeting of the Diabetic Foot Study Group, Porto, Portugal, September 8-10, 2017.

6. National Endocrinology Symposium on "Obesity and Health Risks", Plovdiv, Bulgaria, October 12-14, 2017.

7. 4th EASD Clinical Postgraduate Course on Diabetes and its Complications, Sofia, Bulgaria, April 20-22, 2017.

8. 4th National Congress of Diabetic Neuropathy and Diabetic Foot “Neurodiab”, Bucharest, Romania, September 7-8, 2016

9. Educational course on diabetic foot "Step by step", Sofia, Bulgaria, April 1-2, 2016.