

PROF. TSVETALINA TANKOVA, MD, DMedSc

Head of Department of Endocrinology, Faculty of Medicine, Medical University - Sofia

Head of Division of Diabetology, USHATE "Acad. Ivan Penchev", Sofia

EDUCATION AND TRAINING

- 1984 - Higher Education "Medicine" - Medical Academy, Sofia,, with full honors and Hippocratic Medal
- 1990 - PhD
- 1992 - Specialty in Internal medicine
- 1993 - Specialty in Endocrinology and metabolic diseases
- 2005 - Associate Professor of Endocrinology, Medical University - Sofia
- 2012 - Professor of Endocrinology, Medical University - Sofia
- 2011 - Master's degree in Public Health and Health Management, Faculty of Public Health, Medical University - Sofia
- 2012 - Doctor of Medical Sciences
- since 2005 - Head of the Division of Diabetology, USHATE "Acad. Ivan Penchev ", Sofia
- since 2016 - Head of the Department of Endocrinology, Faculty of Medicine, Medical University - Sofia
- 2016-2020 - Vice Dean for Research, Faculty of Medicine, Medical University - Sofia
- Since 2020 - Vice Rector for International Integration and Project Funding, Medical University - Sofia
- Since 2021 - Corresponding Member of the Bulgarian Academy of Sciences

SPECIALIZATIONS

- WHO Collaborating Center, Diabetes Treatment and Teaching Unit, University Hospital Geneva, Switzerland; Cochin Hospital, Paris, France; Kings College London; Oxford, Cambridge, UK; Steno Diabetes Center, Copenhagen, Denmark..

RESEARCH ACTIVITIES

- 234 publications – 126 in international journals and 108 in national journals
- 107 publications in journals with impact factor
- Total impact factor of the publications **IF 334.879**
- Impact factor of publications in international journals as investigator in clinical trials IF 443.363
- Author in 7 monographs
- 5308 citations of publications in international databases (SCOPUS, Web of Science)
- h-index 29
- 458 participations in scientific events (250 international and 208 national).
- Participation in 37 research projects - 14 international projects (leading researcher of 2) and 23 national (MU-Sofia, BNSF) projects (leading researched of 9)

TEACHING ACTIVITIES

- Lecturer for medical students, trainees in endocrinology
- Lecturer at postgraduate courses on diabetes; course leader of 6 courses for postgraduate education at Medical University – Sofia.
- Author in 3 textbooks

- “Diabetes mellitus”, Paradigm, Sofia, 2013
- “Clinic and Therapy of Internal Diseases”, Ed. D. Dimitrakov, Plovdiv, 2006
- “Medical Oncology”, Volume 1, 347-361, Ed. K. Timcheva, Paradigm, Sofia, 2018.
- Chairman of Examination committee for state exam for specialty in endocrinology
- Invited speaker at postgraduate education courses of the European Association for the Study of Diabetes (EASD) in Russia, Croatia, Hungary, Serbia, Romania, Slovenia, Azerbaijan, Macedonia, Czech Republic, Egypt
- Mentor of 7 PhD students (4 successfully defended their theses)

AWARDS

- 2015 - “Prof. Dr. Konstantin Chilov” for significant contributions to the research and teaching activities of the Faculty of Medicine, Medical University - Sofia
- 2017 - “Favorite Teacher in the field of medical and clinical sciences”, Medical University – Sofia
- 2017 - AWARD for International Collaboration, Croatian Association for Diabetes and Metabolic Disorders of the Croatian Medical Association
- 2018 - “Prof. Dr. Konstantin Chilov” in Medicine on behalf of the Minister of Health, President of BAS, National Alliance” Life for Bulgaria “
- 2020 - Pythagoras Award of the Ministry of Education and Science for an established scientist in category “Health and Medical Sciences”
- 2020 - National Medical Award 2020
- 2021 - “SIGNUM LAUDIS PRO SCIENTIAE MERITIS“ for a research project from “GRANT-2018” in Medicine, Medical University – Sofia

OTHER ACTIVITIES

- Member of international organizations – European Association for the Study of Diabetes (EASD); European Group on Insulin Resistance (EGIR) at EASD; Diabetes Education Study Group (DESG) at EASD – Honorary Secretary; General Committee of International Diabetes Federation; European Society of Endocrinology (ESE); Diabetic Foot (D-FOOT) International – Member of the European Council; Central and Eastern European Diabetes Expert Group (CEEDEG); BioMed Alliance - EASD representative in the working group on RCT regulations
- Secretary of the Bulgarian Society of Endocrinology since 2003
- Member of the Council of Medical Science, Medical University – Sofia, 2008-2016
- Member of the Editorial boards of 8 national and 2 international scientific journals; Editor-in-Chief of the journal “Science Endocrinology”
- Reviewer in leading national and international journals
- Reviewer at the European Commission, Brussels
- Chairman of the local organizing committee of Postgraduate education courses of the European Association for the Study of Diabetes (EASD) – 03.2015, 04.2017, 03.2019, Sofia
- Chairman of the local organizing committee of Postgraduate course “Step by step in diabetic foot” of the International Group for the Study of Diabetic Foot and International Diabetes Federation, 04.2016, Sofia
- Member of the Program Organizing Committee - European Congress of Endocrinology, Munich, 2016.
- Member of the Organizing Committee of the Congress “Advances on Diabetes and Insulin Therapy” – 2014 - 2017
- Secretary of the Organizing Committee of congresses and symposia of the Bulgarian Society of Endocrinology since 2004
- Chief Coordinator of the Expert Council on Endocrinology at the Ministry of Health

- External expert of the National Health Insurance Fund
- Chairman of the Ethics Committee, Medical University – Sofia
- Member and chair of scientific juries at Medical University - Sofia, Medical University - Varna and Medical University - Plovdiv
- Member of the Expert Board on Endocrinology of the Bulgarian Medical Association
- Member of Central and Eastern European Diabetes Expert Group (CEEDEG)
- Member of Expert group for developing international ADA (American Diabetes Association) and EASD (European Association for the Study of Diabetes) guidelines on the management of type 2 diabetes as representative EASD