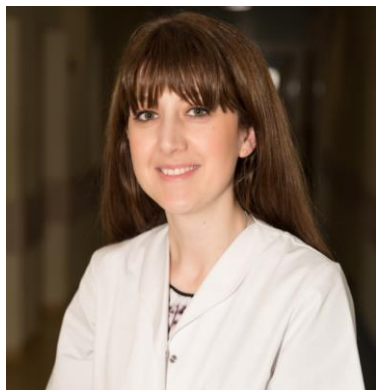


PERSONAL INFORMATION

Rumyana Boykova Dimova-Draganova



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Female | 01/02/1983 | Bulgarian

WORK EXPERIENCE

since 09.2017 and ongoing	Department of Diabetology, University Hospital of Endocrinology “Acad. Ivan Penchev”, Medical University, Sofia 1431 Sofia, 2, Zdrave str., Maichin dom fl.13 Chief Assistant Professor Medical work, teaching and research activities
10.2016-09.2017	Department of Diabetology, University Hospital of Endocrinology “Acad. Ivan Penchev”, Medical University, Sofia 1431 Sofia, 2, Zdrave str., Maichin dom fl.13 Assistant Professor Medical work, teaching and research activities
01.2015 – 10.2016	Department of Diabetology, University Hospital of Endocrinology “Acad. Ivan Penchev”, Medical University, Sofia 1431 Sofia, 2, Zdrave str., Maichin dom fl.13 Physician Medical work
01.2012 - 01.2015	Department of Diabetology, University Hospital of Endocrinology “Acad. Ivan Penchev”, Medical University, Sofia 1303 Sofia, 2, Zdrave str., Maichin dom fl.13 PhD Student Medical work and research activities
08.2009 – 01.2012	Department of Diabetology, University Hospital of Endocrinology “Acad. Ivan Penchev”, Medical University, Sofia 1431 Sofia, 2, Zdrave str., Maichin dom fl.13 Physician Medical work

EDUCATION AND TRAINING

05.2017	Specialty in Endocrinology Medical University, Sofia Diploma № 015886 / 03.07.2017
05.2016	PhD Thesis: “Autonomic diabetic neuropathy – contemporary diagnostic and therapeutic opportunities” Medical University, Sofia Diploma №430-D / 20.07.2016
01.2009-01.2015	Post-graduate student, Department of Diabetology, Clinical Centre of Endocrinology and Gerontology, Medical University, Sofia
2002-2008	High Education - Medicine Medical University, Sofia Diploma 025371 / 05.12.2008 Golden Hippocrates Medal

Mother tongue(s) Bulgarian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2

Communication skills - Good communication skills gained through my experience as post-graduate student at Clinical Centre of Endocrinology and Gerontology, MU, Sofia.

ADDITIONAL INFORMATION

Publications PhD Thesis “Autonomic diabetic neuropathy – contemporary diagnostic and therapeutic opportunities, Sofia - 05.2015

31 Papers in peer reviewed international journals

24 Papers in peer reviewed Bulgarian journals

226 citations without self-citations (Scopus, Web of science)

h index 8

Publications:

1. Chakarova N, Balabanski L, **Dimova R**, Tsarkova P, Tankova T. A case of MODY 2 associated hyperglycemia diagnosed as gestational diabetes. Accepted BJMG 2022. **IF 0.810.**
2. **Dimova R**, Chakarova N, Daniele G, Bianchi C, Dardano A, Del Prato S, Tankova T. Insulin secretion and action affects glucose variability in the early stages of glucose intolerance. Diabetes Metab Res Rev. 2022;e3531. **IF 8.128.**
3. Serdarova M, **Dimova R**, Chakarova N, Grozeva G, Todorova A, Tsarkova P, Marinova C, Popov D, Mateva L, Tankova T. Metabolic determinants of NAFLD in adults with type 1 diabetes. Diabetes Res Clin Pract. 2022;186:109819. doi: 10.1016/j.diabres.2022.109819. **IF 8.180.**
4. Papamichael MM, Karaglani E, Karatzi K, Iotova V, Kivelä J, Cardon G, De Vylder F, Bazdarska Y, **Dimova R**, González-Gil EM, Flores-Barrantes P, Liatis S, Moreno L, Makrilakis K, Manios Y on behalf of the Feel4Diabetes-Study Group. Contribution of home availability, parental child-feeding practices and health beliefs on children’s sweets and salty snacks consumption in Europe: Feel4Diabetes-Study. Br J Nutr 2021;1-27. doi: 10.1017/S0007114521004190. **IF 4.125.**
5. Tsarkova P, Chakarova N, **Dimova R**, Grozeva G, Todorova A, Serdarova M, Salkova M, Tankova T. CSII is related to more stable glycemia in adults with type 1 diabetes. Endocrine 2021. doi: 10.1007/s12020-021-02913-9. **IF 3.925.**
6. **Dimova R**, Chakarova N, Grozeva G, Tankova T. The relationship between endogenous secretory RAGE and cardiac autonomic function in prediabetes. Int J Clin Pract 2021;00:e14769. DOI: 10.22541/au.162507031.11028223/v1. **IF 3.149.**
7. Todorova A, **Dimova R**, Chakarova N, Serdarova M, Grozeva G, Georgiev G, Tankova T. Comparative evaluation of the diagnostic value of procalcitonin and hsCRP for the presence of mild to moderate diabetic foot infections. Int J Low Extrem Wounds 2021;15347346211011849. **IF 1.922.**
8. Serdarova M, **Dimova R**, Chakarova N, Grozeva G, Todorova A, Tankova T. Relationship between cardiac autonomic neuropathy and cardio-metabolic risk profile in adults with type 1 diabetes. Diabetes Res Clin Pract. 2021;174:108721. doi: 10.1016/j.diabres.2021.108721. **IF 8.180.**
9. Chakarova N, Balabanski L, **Dimova R**, Shinkov A, Tankova T. A novel AGPAT2 mutation associated with a case of late-diagnosed congenital generalized lipodystrophy type 1. Acta Diabetol, 2021. https://doi.org/10.1007/s00592-020-01639-w. **IF 4.087.**

10. **Dimova R**, Tankova T. Does SGLT2 inhibition affect sympathetic nerve activity in type 2 diabetes? *Horm Metab Res* 2021; 53(02): 75-84. DOI: 10.1055/a-1298-4205. **IF 2.788**.
11. Todorova A, Jude E, **Dimova R**, Chakarova N, Serdarova M, Grozeva G, Tsarkova P, Tankova T. Vitamin D status in a Bulgarian population with type 2 diabetes and diabetic foot ulcers. *Int J Low Extrem Wounds* 2020. doi:10.1177/1534734620965820. **IF 2.057**.
12. Karatzi K, Moschonis G, Botsi E, Liatis S, Tsochev K, Miguel-Etayo PD, Kivelä J, Wikström K, **Dimova R**, Antal E, Lamiquiz-Moneo I, Rurik I, Cardon G, Iotova V, Makrilakis K, Manios Y. Lipidaemic profile changes over a two-year intervention period: Who benefited most from the Feel4Diabetes program? *Nutrients* 2020, 12(12):3736. <https://doi.org/10.3390/nu12123736>. **IF 5.719**.
13. **Dimova R**, Chakarova N, Grozeva G, Tankova T. Evaluation of the relationship between cardiac autonomic function and glucose variability in prediabetes. *Diab Vasc Dis Res* 2020, 17:5. <https://doi.org/10.1177/1479164120958619>. **IF 3.291**.
14. Chakarova N, **Dimova R**, Serdarova M, Grozeva G, Kuncheva M, Kamenov L, Tankova T. Islet, thyroid and transglutaminase antibodies in adult Bulgarian patients with type 1 diabetes. *Endocrine* 2020, 70:299–306. doi: 10.1007/s12020-020-02395-1. **IF 3.633**.
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16. Kanellakis S, Mavrogianni C, Karatzi K, Lindstrom J, Cardon G, Iotova V, Wikström K, Shadid S, Moreno L, Tsochev K, Bíró E, **Dimova R**, Antal EA, Liatis S, Makrilakis K, Manios Y. Development and validation of two self-reported tools for insulin resistance and hypertension risk assessment in a European cohort: The Feel4Diabetes-study. *Nutrients* 2020,12:960; doi:10.3390/nu12040960. **IF 5.719**.
17. **Dimova R**, Grozeva G, Chakarova N, Tsarkova P, Tankova T. GAD-65 autoantibody associated epilepsy. *JPEM* 2020, 33(6):817-820. DOI: 10.1515/jpem-2019-0395. **IF 1.634**.
18. Anastasiou CA, Fappa E, Zachari K, Mavrogianni C, Van Stappen V, Kivelä J, Virtanen E, González-Gil EM, Flores-Barrantes P, Nánási A, Semánová C, **Dimova R**, Usheva N, Iotova V, Cardon G, Manios Y, Makrilakis K; Feel4Diabetes-study group. Development and reliability of questionnaires for the assessment of diet and physical activity behaviors in a multi-country sample in Europe the Feel4Diabetes Study. *BMC Endocr Disord*. 2020;20(Suppl 1):135. doi: 10.1186/s12902-019-0469-x. **IF 2.763**.
19. **Dimova R**, Chakarova N, Kirilov G, Grozeva G, Shinkov A, Tankova T. Vitamin D binding protein is related to cardiac autonomic function and metabolic status in prediabetes. *Nutr Res*. 2020;75:56-66. doi: 10.1016/j.nutres.2019.12.008. **IF 3.315**.
20. Tankova T, Elenkova A, Robeva R, **Dimova R**, Borissova AM, Olszewski A, Lachev V, Petkova R. Familial Hypercholesterolaemia in a Bulgarian Population of Patients with Dyslipidaemia and Diabetes: An Observational Study. *Diabetes Ther*. 2020;11(2):453-465. doi: 10.1007/s13300-019-00748-2. **IF 2.945**.
21. **Dimova R**, Tankova T, Kirilov G, Chakarova N, Grozeva G, Dakovska L. Endothelial and Autonomic Dysfunction at Early Stages of Glucose Intolerance and in Metabolic Syndrome. *Horm Metab Res*. 2020;52(1):39-48. doi: 10.1055/a-0972-1302. **IF 2.936**.
22. **Dimova R**, Chakarova N, Grozeva G, Kirilov G, Tankova T. The relationship between glucose variability and insulin sensitivity and oxidative stress in subjects with prediabetes. *Diabetes Res Clin Pract*. 2019;158:107911. doi: 10.1016/j.diabres.2019.107911. **IF 4.234**.
23. Chakarova N, **Dimova R**, Grozeva G, Tankova T. Assessment of glucose variability in subjects with prediabetes. *Diabetes Res Clin Pract*. 2019;151:56-64. **IF 4.234**.
24. **Dimova R**, Tankova T, Chakarova N. Vitamin D in the spectrum of prediabetes and cardiovascular autonomic dysfunction. *J Nutr*. 2017;147(9):1607-1615. doi: 10.3945/jn.117.250209. **IF 4.398**.
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27. **Dimova R**, Tankova T, Kirilov G, Chakarova N, Dakovska L, Grozeva G. "Is vaspin related to cardio-metabolic status and autonomic function in early stages of glucose intolerance and in metabolic syndrome?". *Diabetol Metab Syndr*. 2016;8:46. doi 10.1186/s13098-016-0165-1. **IF 2.347**.
28. Karachanak-Yankova S, **Dimova R**, Nesheva D, Nikolova D, Koprinarova M, Maslyankov S, Tafradjiska R, Gateva P, Velizarova M, Hamude Z, Rukova B, Stoynev N, Toncheva D,

- Tankova T, Dimova I. "Epigenetic alterations in patients with type 2 diabetes". *Balkan J Med Genet.* 2015;18(2):15-24. DOI: 10.1515/bjmg-2015-0081. **IF 0.404.**
29. **Dimova R.**, Tankova T., Chakarova N., Grozeva G., Dakovska L. "Cardiovascular autonomic tone relation to metabolic parameters and hsCRP in normoglycemia and prediabetes". *Diabetes Res Clin Pract.* 2015;109:262-270. **IF 3.045.**
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 31. **Dimova R.** and Tankova T. "The role of vaspin in the development of metabolic and glucose tolerance disorders and atherosclerosis." *BioMed Research International*, 2015, Article ID 823481, 7 pages. <http://dx.doi.org/10.1155/2015/823481>. **IF 2.706.**
 32. **Dimova R.** Duloxetine in the treatment of neuropathic pain in diabetic neuropathy. *Medicplus.* 2021;3:47-50.
 33. Todorova A, **Dimova R.**, Chakarova N, Serdarova M, Tankova T. Main characteristics of the patients with diabetes mellitus in different categories for the development of diabetic foot. *Nauka Endokrinologiya.* 2021;1:13-21.
 34. Salkova M, **Dimova R.**, Chakarova N, Serdarova M, Tankova T. The relationship between non-alcoholic fatty liver disease and advance glycated end-products in prediabetes. *Nauka Endokrinologiya.* 2020;4:135-141.
 35. Tsarkova P, Chakarova N, **Dimova R.**, Tankova T. Advantages in the treatment of type 1 diabetes with continuous subcutaneous insulin infusion. *Nauka Endokrinologiya.* 2020;1:19-25.
 36. **Dimova R.**, Chakarova N, Grozeva G, Tankova T. The presence of metabolic syndrome does not affect cardiac autonomic function in newly-diagnosed type 2 diabetes. *Letopisi BANI.* 2020;1:64-66.
 37. **Dimova R.** SGLT2 inhibition and sympathetic nervous activity in diabetes mellitus type 2. *Endokrinologiya.* 2019;4:184-195.
 38. **Dimova R.**, Chakarova N, Grozeva G, Kirilov G, Dakovska G, Tankova T. Cardiovascular Autonomic Tone is Related to Insulin Resistance in Prediabetes. *Endokrinologiya.* 2019;3:161-168.
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 40. **Dimova R.** Risk factors for sensory polyneuropathy at the early stages of impaired glucose tolerance. *TopMedica.* 2018;3:8-10.
 41. **Dimova R.** Alpha-lipoic acid – a pathogenetic agent in the treatment of diabetic polyneuropathy. *Nauka endokrinologiya.* 2017;4:152-160.
 42. **Dimova R.** Contemporary aspects and risks in diabetic sensory polyneuropathy. *TopMedica.* 2017;3:8-10.
 43. **Dimova R.** Main characteristics and therapeutic approaches in diabetic neuropathy. *Nauka Endocrinologiya.* 2017;3:101-107.
 44. Grozeva G, Chakarova N, **Dimova R.**, Tankova T, Atanasova I. Prevalence and diagnostic value of zinc transporter 8 (ZnT8) antibodies in Bulgarian population with type 1 diabetes. *Endokrinologiya.* 2017;1:21-31.
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 47. **Dimova R.**, Tankova T, Kirilov G, Chakarova N, Grozeva G, Dakovska L. Serum vaspin relation to cardiovascular autonomic function in euglycemic subjects with or without metabolic syndrome. *Endokrinologiya.* 2015;4:197-205.
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 49. Chakarova N, Grozeva G, Tankova T, **Dimova R.** Contemporary immunological markers in the diagnosis of type 1 diabetes. *Nauka Endokrinologiya.* 2015;3:95-97.
 50. Chakarova N, Grozeva G, **Dimova R.**, Tankova T. Zinc Transporter 8 (ZnT8) in the Diagnosis of Type 1 Diabetes. *Endokrinologiya.* 2015;1:3-9.
 51. **Dimova R.** Significance of homocysteine for an increased cardio-vascular risk and development of chronic complications in subjects with diabetes mellitus. *Nauka Endokrinologiya.* 2015;1:7-13.
 52. **Dimova R.**, Tankova T, Chakarova N, Grozeva G, Dakovska L. The Relationship Between Cardiovascular Autonomic Dysfunction and Metabolic Parameters and hsCRP in Normoglycemia. *Endokrinologiya.* 2014;1:36-58.

53. Chakarova N, Hristov V, Tankova T, **Dimova R**, Petkova M. FINDRISC as a Screening Tool for Metabolic Syndrome and Increased Risk for Diabetes. Endokronologya. 2014;1:19-35.
54. **Dimova R**. Diabetic autonomic neuropathy – contemporary diagnosis and management. Nauka Endokrinologya. 2013;2:56-62.
55. **Dimova R**, Marinov B, Nachev A, Tomova A, Kumanov Ph. Mayer-Rokitansky-Kuster-Hauser Syndrome A case report with brief review of the literature. Bulgarian medicine. 2011;2:50-5.

45 international congresses and conferences
19 Bulgarian congresses and conferences

Congresses	<p>Principal Investigator in national research projects – 3 Principal Investigator in international collaborative research projects - 1 Participant in national research projects - 14 Participant and co-PI in international collaborative research projects - 2</p>
Projects	<p>Hippocrates Golden Medal, 2008 „Best young scientist in clinical medicine” prize of Medical University, Sofia, 2017 „Best young scientist in diabetes research for 2017” prize of Bulgarian Society of Endocrinology (BSE) and Servier.</p>
Honours and awards	<p>“Donnell D. Etwiler Scholar for 2017” scholarship of International Diabetes Center (IDC), Minneapolis, USA “Future Leaders Mentorship award for 2018”, European Foundation for the Study of Diabetes (EFSD) Laureate of the prize “Akad. T. Tashev” for young investigator, prize of BASORD, 2020</p>
Memberships	<p>American Diabetes Association (ADA) European Association for the Study of Diabetes (EASD) European Society of Endocrinology (ESE) Bulgarian Society of Endocrinology (BSE)</p>
Courses	<p>19 & 26 September 2020 Rising Stars educational program, virtual course</p> <p>5 June 2020 Harvard Medical School, webinar</p> <p>14-16 November 2019 Magyar Imre EASD Clinical Postgraduate Course, Budapest, Hungary</p> <p>18-19 October 2019 RISE DC (Diabetology/Cardiology), Lisbon, Portuguese Republic</p> <p>14 September 2019 Rising Stars educational program, Barcelona, Spain</p> <p>04-06 April 2019 5th EASD Postgraduate Course on Clinical Diabetes and its Complications, Sofia, Bulgaria</p> <p>29-31 March 2019 T1D Forum Every 1 is unique South East Central Europe, Belgrade, Serbia</p> <p>15-16 November 2018 Advancing patients care in T2D: what drives our treatment decisions, Belgrade, Serbia</p> <p>2017-2018 RISE Advanced Programme, NovoNordisk</p> <p>29 September 2018 Rising Stars educational program, Berlin, Germany</p> <p>06-10 November 2017</p>

24th EASD Young scientists training course, IDIBAPS, Barcelona, Spain

29-31 May 2017

Hvidovre international insulin pump course (HIIP-Course), Hvidovre hospital, Denmark

20-22 April 2017

4th EASD Postgraduate Course on Clinical Diabetes and its Complications, Sofia, Bulgaria

23—24 February 2017

Insulin pump therapy and continuous glucose monitoring – initiate phase training, Medtronic academia

10 September 2016

Rising Stars educational program, Munich, Germany

29 September – 01 October 2016

EASD Postgraduate Course on Technology in Diabetes, Athens, Greece

09-12 September 2016

26th Annual Meeting of the Diabetic Neuropathy Study Group of the EASD

11—15 April 2016

EASD Robert Turner Clinical Research Course, Oxford Centre for Diabetes, Endocrinology and Metabolism, Oxford, UK

21-22 January 2016

Improving Therapy Outcomes in Patients treated with CSII or SAP Therapy, Zagreb, Croatia

29 October - 01 November 2015

EASD Postgraduate Course on Clinical Diabetes and its Complications, Prague, Czech Republic

12 September 2015

Rising Stars educational program, Stockholm, Sweden

26-28 March 2015

3rd EASD Postgraduate Course on Clinical Diabetes and its Complications, Sofia, Bulgaria

20-22 November 2014

EASD Magyar Imre Clinical Postgraduate Course, Budapest, Hungary

18-19 July 2014

Conferinta Nationala "Neuropatia Diabetica si Piciorul Diabetic: De la teorie la abordare practica" Sinaia, Romania

24-26 April 2014

2014 International forum for the advancement of diabetes research and care, Berlin, Germany

27-28 February 2014

Proper Medical Writing

"Statistics and data interpretation, medical writing", Warsaw, Poland

8-12 August 2010

The English-Speaking Union, ESU International Relations Conference 2010, Oxford, England

25-27 May 2010

EASD, 4th Minkowski EASD Advanced Postgraduate Course in Clinical Diabetes, Wroclaw, Poland

Certificate in Research Governance and Good Clinical Practice (GCP), Robert Turner EASD Course in Clinical Research in Diabetes, Oxford, United Kingdom

Certificates

30/08/2022